

OCTOBER 2020 | ISSUE 5

# OCTOBER NEWSLETTER

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*Alleghany Highlands Healthy Youth Coalition*



## Coalition Updates

Newsletter written by: Chelsea Dunaway, AHHYC  
Chair

The Alleghany Highlands Healthy Youth Coalition has hit our busy season!

We are continuing to take COVID-19 precautions by limiting in person meetings and being selective on what outreach events attend. We have been able to continue to meet using the Zoom platform, host curbside pick up events, and do virtual trainings.

## Also in the September Issue:

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# Drug Take Back Day

The National Prescription Drug Take Back Day provide an opportunity for communities to prevent drug addiction and overdose deaths. According to the 2018 National Survey on Drug Use and Death, 9.9 million Americans misused controlled prescription drugs. The Drug Enforcement Agency partners with local law enforcement agencies to bring Drug Take Back Days twice a year to communities.

This year, our local Drug Take Back Day will be held on October 24th at the Walmart in Covington and the CVS/Kroger in Clifton Forge. Our coalition partners with law enforcement agencies to promote this event and provide free prevention resources. Through our efforts since 2018, we have been able to collect 411.1 lbs of prescription medications. But, what if you miss Drug Take Back Day? Never fear! We currently have two permanent medication drop boxes in our community. One is at the Alleghany County Sheriff's Office and the other is at the Covington City Police Department. These boxes are available 24/7 in the lobby of both locations. However, no sharps or liquids can be disposed in these boxes. Since our permanent drop boxes were installed in 2018, we have been able to collect and destroy 375.8 lbs of unwanted, unused or expired medications. For more information on Drug Take Back Day, please visit [drugtakebackday.dea.gov](http://drugtakebackday.dea.gov).



**DON'T BE THE DEALER**

Kroger/CVS in Clifton Forge  
Walmart in Covington

STOLEN  
LOST  
MISUSED

Keep them safe. Clean them out.  
Take them back.

**Saturday, October 24**  
**10 a.m. – 2 p.m.**

DEA NATIONAL <sup>Rx</sup> TAKEBACK

Visit [DEATakeBack.com](http://DEATakeBack.com) for a collection site near you.



## Upcoming Events

- 11/4 Adverse Childhood Experiences Training from 10 AM - 12 PM via Zoom:  
<https://us02web.zoom.us/join/zoom-join?secret=0pGNexETTF0PNedXpzPsCeloL2>
- 11/19 - November Healthy Youth Coalition Meeting



Be Happy. Be Brave. Be Drug Free.™

## Red Ribbon Week

Red Ribbon Week is the largest national drug prevention campaign. Since this campaign started in 1985, it has changed in adapted, but the mission has stayed the same - to keep our youth drug free and healthy. Each year the theme of Red Ribbon Week changes. This year the theme is "Be Happy. Be Brave. Be Drug Free."

National Red Ribbon Week is celebrated during the week of October 23rd - 31st. During this week, students will be watching videos on why being drug free is a healthy choice, taking a pledge to remain and be drug free, and spreading the message.

For more information, please visit [redribbon.org](http://redribbon.org).

## COVID-19 Updates

- Alleghany County: 85 cases
- Covington: 30 cases
- Wash hands, wear face masks, maintain 6 feet of distance