

OCTOBER NEWSLETTER



Alleghany Highlands Healthy Youth Coalition

Coalition Updates

Newsletter Written By: Tiffany Bowser, AHHYC Chair

Some call it Fall, we call it Prevention Season!

October is one of the busiest months for our community and for Prevention Services. There are a variety of events that are youth focused and we do our best to attend as many as possible. The Homestead hosted it's annual health fair for employees and this was our first year attending. Many of those who stopped by our table were thankful for the information that we shared as well as the medication lock boxes. The weather for this years Fall Foliage Festival could not have been more perfect and the attendance was reflective of folks being excited to enjoy the sun and beautiful scenery.





RED RIBBON WEEK

Red Ribbon week was Oct. 23-31, this is our nation's largest and longest running drug-use prevention campaign. The National Family Partnership program began Red Ribbon week in 1985. The Red Ribbon is a symbol of their commitment to raise awareness of the killing and destruction caused by drugs in America. Today, the Red Ribbon serves as a catalyst to molilize communities to educate youth and encourage participation in drug prevention activities.





Students at Callaghan received a Red Ribbon week goody bag that included a frisbee, pin, bracelet, and fun tattoos!



Fall Foliage Fun AND A Give Away

Katrina Persinger was the winner of the fire safe chest that was given away during the festival. Anyone who stopped by our Healthy Youth tent was able to register to win!





REVIVE Training for CSB Employees

On October 20, the Virginia Department of Health presented a REVIVE training at our Mental Health Annex. Twenty-two AHCS staff were trained in the use of naloxone and each person received a REVIVE kit and Narcan that is ready to help save a LIFE!

Drug Take Back Day

The DEA Sponsored Drug Take Back Day is an effort to to encourage the public to remove unneeded medications from their homes as a measure of preventing medication misuse and opioid addiction from ever starting. This event is truly a team effort, as members of the Alleghany County Sheriffs Office, Lewisgale Alleghany Hospital, Charity Smith with Genoa Pharmacy and Healthy Youth Coalition join together and on this day, collected over 211 lbs. of medications.









Hometown Halloween



Upcoming Activities

November 11 - Veterans Day - Veterans Appreciation Event at Hardees In Covington

November 23 - AHCS Closes at 12:00 p.m. November 24-25 - AHCS Closed

December 1 - CAPP at 11:30 at Cuccis Healthy Youth Meeting at 12:30 at Cuccis