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SEPTEMBER NEWSLETTER



Alleghany Highlands Healthy Youth Coalition

Coalition Updates

Newsletter Written By: Tiffany Bowser, AHHYC Chair

The Final Brackman Cup

The Healthy Youth Coalition was lucky to be able to attend the final Covington vs. Alleghany football game. Suicide awareness and prevention efforts were the focus of our tabling at this event. Many youth stopped by the tent to grab "stress" footballs and adults were able to learn about keeping their lethal means locked up and out of the reach of anyone who would want to hurt themselves <u>intentionally or accidentally.</u>







Recovery Fest

We were excited to be a part of the annual Recovery Fest held at Jackson River Sports complex. Speakers shared their stories of hope and inspiration for all of those in attendance. Vendors were available, informational booths, and great music were all a part of the day long event. We can't wait to see this event grow in the coming years.



Healthy Youth Coalition Meeting Dates Nov. 3 at 12:30 Dec. 1 at 12:30



Meetings are open to everyone and are held at Cucci's.