

APRIL NEWSLETTER



Alleghany Highlands Healthy Youth Coalition

Coalition Updates

Newsletter Written By: Tiffany Bowser, AHHYC Chair

Our Prevention Services and Health Youth Team partnered with Dolly Ann Apartments in order to celebrate Alcohol Awareness Month with an "Alcohol Free Block Party!" Over 60 residents enjoyed hot dogs, chips, drinks, materials from Anthem and prevention related give aways. We had a great number of volunteers that helped out at the event and those in attendance expressed gratitude for us bringing this event to their community. While Prevention Services is happy to participate in community events it is also our goal to go TO our community MEMBERS as







So you're 18, now what?

Local attorney, Bill Wilson hosted this event for Junior's and Senior's for Alleghany Highlands Public Schools. This event included panel members: Bill Wilson, attorney, moderator; Taylor Baker, attorney, Ann Gardner, Alleghany County Commonwealth's attorney; Bill Parks, attorney, Ingrid Barber, executive director, community services board; JW Tingler, local businessman, and Dillina Stickley, Virginia State Bar. The speakers covered a variety of topics with a focus on substance use and the dangers of fentanyl. Alleghany Highlands Prevention Services and Healthy Youth Coalition gifted the seniors with congratulatory bracelets and key chains. Junior classman were given water bottles, bracelets, and pop sockets that promoted the prevention of vaping.

Drug Take Back Day a Success Despite the Rain

Over 200 lbs. of expired or unused medications were collected in April at the DEA Sponsored Drug Take Back Day. Local law enforcement partnered with AHCS Prevention Services at Walmart in Covington and CVS in Clifton Forge. Once the medications are collected they are transported to the DEA office in Roanoke and they are incinerated. Many community members expressed appreciation for this event. As a reminder, there are take back boxes located in the community that are accessible 24/7 at Alleghany Highlands Sheriff's Office, Covington Police Department, and Clifton

Forge Police Department.

T-Shirts and Popcorn and Prom OH MY!

Alleghany High School students enjoyed their prom in April. Alleghany Highlands YMCA hosted the After Prom event that promotes celebrating in a healthy way with activities, food, and prizes. AHCS Prevention services provided popcorn and shirts for all of those in attendance that say "#drugfreePROMise" and include the Healthy Youth Coalition logo on the back.





AWARENESS

May - Mental Health Awareness Month

May 1 - Monthly REVIVE Training

May 4 - Healthy Youth Coalition Meeting

May 6 - Covington High School After Prom

May 9 - National Fentanyl Awareness Day -Curbside Revive Event

NATIONAL FENTANYL AWARENESS DAY

May 12 - Prevention Staff will be at a Full Day Training Event

May 26 - REVIVE at Boys Home for House Parents

May 29 - AHCS Closed for Memorial Day

In order to spread awareness about National neghany High Fentanyl Awareness Day, Alleghany **Highlands Community Services Prevention** Program will be hosting:



Curb Side REVIVE

Tuesday, May 9, 2023 3 p.m. - 6 p.m. at 311 S. Monroe Ave. Covington

National Fentanyl Awareness Day, a day of action to raise public awareness about an urgent problem: people (especially young people) are dying at alarming rates due to illegally made fentanyl.

NATIONAL FENTANYL AWARENESS DAY

RAPID REVIVE is a 5-10 minute training that will educate you on what opioids are, what an opioid overdose looks like, and how to respond with Naloxone. You will leave the training with Naloxone and a REVIVE Kit