

Alleghany Highlands Healthy Youth Coalition

Coalition Updates

Newsletter Written By: Tiffany Bowser, AHHYC Chair

CELEBRATE MENTAL HEALTH AWARENESS MONTH

The month of May celebrates Mental Health Awareness and Prevention Services was a part of the celebration at the agency's annual mental health awareness walk that took place on May 1 at the Jackson River Sports Complex. Vincent Wyatt, husband of Prevention Specialist Reanna Wyatt, shared his story of overcoming the stigma around seeking help for his mental health. AHCS Board Member, Stephanie Clark was in attendance and thanked everyone for being a part of this special yearly event. While the weather was a bit tumultuous, those in attendance were appreciative of this time to share their stories and be a part of spreading awareness and hope to our community members.



Meghany Highland



The Final CHS After Prom

Covington High School students enjoyed their final After Prom event hosted by the YMCA on May 6. Students were given #drugfreepromise t-shirts, sporting the Healthy Youth Coalition logo on the back.



May 9, National Fentanyl Awareness Day

A number of community members stopped by the MH/SUD clinic on Tuesday, May 9 to be trained in Rapid REVIVE. Each one of them received a box with 2 doses of Naloxone and a REVIVE kit in order to reverse an opioid overdose.



Region 1 Prevention Directors

REGION 1 ANNUAL PREVEN RIDE THE PREVEN AGEN 9:30 - 9:45 a.m.	TION WAVE
9:45 a.m 10:45 a.m.	Jeopardy Game
10:45 a.m 11:00 a.m.	Break
11:00 a.m 12:00 p.m.	Initiative Share
12:00 p.m 12:30 p.m.	Lunch
12:30 p.m 1:15 p.m.	Scavenger Hunt
1:15 p.m 1:30 p.m.	Wrap-up



Reanna Wyatt, Prevention Specialist, Tiffany Bowser, **Prevention Supervisor, and** Lisa Pitt, Prevention Coodinator attended the **Region 1 Annual Prevention** Workshop on May 12 at the **Beverly Inn Farm in Mount** Jackson, Virginia. This event included prevention education, networking opportunities, and team building events for all **Prevention Services staff of Region 1 Community Service Boards**.



June 1 - Monthly Healthy Youth Coalition Meeting

June 5 - Monthly REVIVE Training

June 17 - Juneteenth Celebration in Covington

June 19 - Juneteenth Celebration in Clifton Forge

June 24 - ACE's and REVIVE for Boy's Home Staff