

# SEPTEMBER NEWSLETTER



Alleghany Highlands Healthy Youth Coalition

#### Coalition Updates

Newsletter Written By: Tiffany Bowser, AHHYC Chair

While many of us try to shop local as much as possible, there still comes a time when going to Roanoke for an appointment or shopping just HAS to happen. With so much traffic from our community passing by on Rt. 220, we decided to use that opportunity to spread awareness around our Lock and Talk Campaign and AHCS as a whole. Be sure to check out our billboard on 220 South.







## **Gun Shop Project**

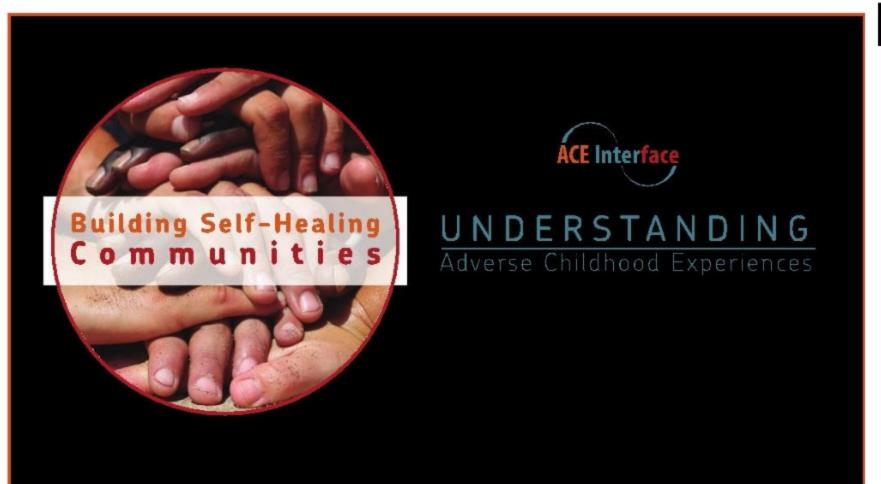
Prevention Services Staff recently completed the Gun Shop Project. This project involves visitn local fire arm dealers and providing them with gun locks, trigger locks, and information that they may share to educate on Mental Health and Suicide.

### **Adult Mental Health First Aid**

Gordon Reynolds, Peer
Coordinator and Reanna
Wyatt, Prevention
Specialist hosted their
first Adult Mental Health
First Aid Class during the
month of September. This
training was a bit unique,
as the Agency was able to
provide sign language
interpreters in order to
make the training
accessible to those with
hearing loss or
impairment.







## **ACE's for Staff**

Lisa Pritt, Prevention
Coordinator and
Tiffany Bowser,
Community Supports
Director hosted
Adverse Childhood
Experiences for
AHCS Staff.

Individuals were able to learn about the effects of trauma on your physical and mental health and how we can be a trauma informed community

