

FEBRUARY NEWSLETTER



Alleghany Highlands Healthy Youth Coalition

Coalition Updates

Newsletter Written By: Tiffany Bowser, AHHYC Chair

Alleghany Highlands Prevention
Services partnered with Fincastle
Baptist Church-Highlands Campus to
present "3E". This new event was
created to empower, equip, and educate
youth and adults on dealing with their
mental health and substance use issues.
Katrina Bradberry, Gordon Reynolds,
April Walton, and Jacqueline Hargest all
shared their impactful stories to a great
sized crowd. Kanawha Cafe provided
free coffees and Dominos provided a
delicious pizza dinner.

Attendees were given the chance to win gift cards from Formals and Florals, Thunder Alley, Manic Espresso, and Jackson River Community Credit Union. Prizes that included a Stanley Cup, cup carrier, blue tooth speaker, fidget pen, gaming socks, and alarm clock were all given away at the end of the night.









You may have seen information on our social media regarding the "Young Adult Survey" and we are excited to share that this endeavor is going strong. The survey is for adults ages 18-25 to complete regarding their experiences and opinions on substance use and mental health in our community. The information gathered helps us as prevention professionals know what the needs are and how we can best serve the members of our community.

Are you 18-25 years old and living in Virginia?

Text Virginia to 888-688-5128



We want to hear about your experiences and opinions on substance use and mental health in our community.

Your responses will help us develop health and wellness programming that better meets your needs.

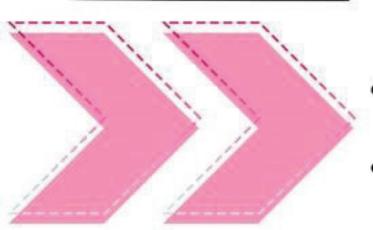


\$15 Amazon or Walmart Gift Card for the first 150 respondents



REVIVE!

Greenbrier Physicians Group recently reached out to Prevention Services and requested training in saving individuals from an opioid overdose. We are thankful to hear that providers in our community are looking for opportunities to be educated on ways to save lives and make a difference. We are happy to offer this training to anyone who may need it.







- March 12 ACE's for Live Well
 Alleghany Members
- March 23 Developmental
 Disabilities Awareness Month
 Event; Church Street Clifton
 Forge
- March 29 AHCS Closed for Employee Appreciation Day
- April 4 Healthy Youth
 Meeting at 12:15 at Cucci's