



FEBRUARY NEWSLETTER



Allegheny Highlands Healthy Youth Coalition

Coalition Updates

Newsletter Written By: Tiffany Bowser, AHHYC Chair

Allegheny Highlands Prevention Services partnered with **Fincastle Baptist Church-Highlands Campus** to present “3E”. This new event was created to empower, equip, and educate youth and adults on dealing with their mental health and substance use issues. **Katrina Bradberry, Gordon Reynolds, April Walton, and Jacqueline Hargest** all shared their impactful stories to a great sized crowd. **Kanawha Cafe** provided free coffees and **Dominos** provided a delicious pizza dinner.

Attendees were given the chance to win gift cards from **Formals and Florals, Thunder Alley, Manic Espresso, and Jackson River Community Credit Union**. Prizes that included a **Stanley Cup, cup carrier, blue tooth speaker, fidget pen, gaming socks, and alarm clock** were all given away at the end of the night.



3E EVENT SUCCESS



You may have seen information on our social media regarding the “Young Adult Survey” and we are excited to share that this endeavor is going strong. The survey is for adults ages 18-25 to complete regarding their experiences and opinions on substance use and mental health in our community. The information gathered helps us as prevention professionals know what the needs are and how we can best serve the members of our community.

Are you 18-25 years old and living in Virginia?

**Text Virginia to
888-688-5128**

**young
adult
survey**

We want to hear about your experiences and opinions on substance use and mental health in our community.

Your responses will help us develop health and wellness programming that better meets your needs.



REVIVE!

Greenbrier Physicians Group recently reached out to Prevention Services and requested training in saving individuals from an opioid overdose. We are thankful to hear that providers in our community are looking for opportunities to be educated on ways to save lives and make a difference. We are happy to offer this training to anyone who may need it.



- **March 12 - ACE's for Live Well Alleghany Members**
- **March 23 - Developmental Disabilities Awareness Month Event; Church Street Clifton Forge**
- **March 29 - AHCS Closed for Employee Appreciation Day**
- **April 4 - Healthy Youth Meeting at 12:15 at Cucci's**

