

**Live Well Alleghany Highlands**

# **RESOURCE GUIDE**



**LIVE WELL ALLEGHANY HIGHLANDS**

**Our community, our health, our future**

# HOTLINES

**Alleghany Highlands Community Services Crisis Number**  
800.446.0128

**Child and Adult Abuse**  
800.552.7096

**Disaster Distress**  
800.985.5990

**Domestic Violence Hotline**  
540.965.3237

**Family Violence & Sexual Assault**  
800.838.8238

**Human Trafficking**  
888.373.7888

**LGBTQ Partner Abuse and Sexual Assault Hotline**  
800.356.6998

**National Mental Health & Substance Abuse**  
800.662.4357

**RAINN: Rape, Abuse, Incest National Network**  
800.856.4673

**Red Cross**  
800.733.2767

**Sexual Assault**  
800.656.4673

**Suicide**  
800.273.8255

**Teen Dating Abuse**  
800.331.9474

**Veterans**  
800.273.8255

## HEALTHCARE



### COMMUNITY SERVICES BOARD

**Alleghany Highlands Community Services**  
311 S. Monroe Avenue  
Covington, VA 24426  
540.965.2100

**Alleghany Highlands Community Services**  
534 Church Street  
Clifton Forge, VA 24422  
540.863.1620

**The Alleghany Highlands Community Services Board offers the following development services:** early intervention/infant and toddler program, support coordination, in-home residential support, personal assistance, respite services, skilled nursing service, day support services, ICF/IID, residential services, and

public guardian partnership. The following mental health services: individual/group counseling, psychiatric evaluations, medication management, case management, transitional housing, family counseling, intensive in-home services, psychosocial rehabilitation, support services, respite care and crisis intervention. The following substance use services: individual/group counseling, education, intensive outpatient, transition and intensive case management, family counseling, adolescent services, alcohol/drug testing, prevention services, and referral services.



### MENTAL HEALTH

**Bath Community Physicians Group**  
322 West Riverside St.  
Covington, VA 24426  
540.962.1122

**Counseling Associates of the Highlands**  
245 W. Main Street  
Covington, VA 24426  
540.965.1373

**Hope Counseling and Consultation**  
916 S. Monroe Ave.  
Covington, VA 24426  
540.965.6468

**LewisGale - Alleghany**  
1 ARH Lane  
Low Moor, Va 24457  
540.862.6011

**Rockbridge Area Health Center**  
25 Northridge Lane  
Lexington, VA 24450  
540.464.8700

**PTSD Support Group**  
Alleghany Highlands YMCA  
101 YMCA Way  
Covington, VA 24426  
540.962.9622  
First and Third Tuesdays  
6:30pm

**Alleghany Highlands Community Services Behavioral Health & Wellness Annex**  
310 S. Monroe Avenue  
Covington, Va 24426  
540.965.2100 x 150



## SUBSTANCE ABUSE SERVICES

### Alcoholics Anonymous

540.969.4222  
(Covington, Alleghany & Bath)

### The Gulnan Center

311 South Monroe Avenue  
Covington, VA 24426  
540.965.2100

### Narcotics Anonymous

<https://www.brana.org>

### Loving Life Fellowship Recovery

509 E. Ridgeway Street Clifton Forge VA 24422 540.691.3422

### Alleghany County / Covington Health Department

321 Beech Street  
Covington, VA 24426  
540.962.2173

### Clifton Forge Health Department

322 Jefferson Avenue  
Clifton Forge, VA 24422  
540.862.4131 (open Thursdays only)

### Total Action for Progress (TAP)

118 S. Lexington Avenue  
Covington, VA 24426

331 W. Main Street Covington, VA 24426 540.962.5814

### Recover Virginia

161 N. Maple Avenue  
Covington, VA 24426  
540.597.3488  
[www.recoverva.org](http://www.recoverva.org)

### Wheeler, David L.

201 N. Maple Avenue  
Covington, VA 24426  
540.965.1160



## HOSPITAL

### Augusta Health

78 Medical Center Drive  
Fishersville, VA 22939  
540.332.4000 or 800.932.0262

### Bath Community Hospital

106 Park Drive  
Hot Springs, VA 24445  
540.839.7000

### Carilion Roanoke Memorial Hospital

1906 Belleview Avenue, SE  
Roanoke, VA 24014  
540.981.7000

### Carilion Stonewall Jackson Hospital

1 Health Circle  
Lexington, VA 24450  
540.458.3300

### Greenbrier Valley Medical Center

1320 Maplewood Avenue  
Ronceverte, WV 24970  
304.647.4411

### LewisGale Hospital Alleghany

1 ARH Lane  
Low Moor, Va 24457  
540.862.6011

### LewisGale Hospital Salem

1900 Electric Road  
Salem, VA 24153  
540.776.4000



## DENTAL

### Affordable Dentures

819 Ole Turnpike Drive  
Bedford, VA 24523  
540.298.6653

### Carilion Pediatric Dental Care

4348 Electric Rd, Main Entrance  
Roanoke, VA 24013  
540.224.4318

### Commonwealth Dental Clinic

1121 S. Jefferson Street  
Roanoke, VA 24016  
540.926.3366

### Rockbridge Area Health Center

25 Northridge Lane  
Lexington, VA 24450  
540.464.8700

### Hull, Robert C.

650 N. Lee Highway  
Lexington, VA 24450  
540.463.3826

### Slaughter & Slaughter

1401 Main Street  
Clifton Forge, VA 24422  
540.862.4495

### Small Smiles of Roanoke

5002 Airport Road, NW  
Roanoke, VA 24012  
540.362.5437



## FAMILY DOCTOR

### EZ Care Urgent Care

919 Craig Avenue, Suite A  
Covington, VA 24426  
540.960.2231

### Augusta Family Practice

3881 Churchville Avenue #2501  
Churchville, VA 24421  
540.213.9260

### Augusta Health Primary Care

53 S. Medical Park Drive  
Fishersville, VA 22939  
540.332.5687

### Augusta Health Family Practice

1 Green Hills Drive  
Verona, VA 24482  
540.245.7425

### Bath Community Physicians Group

322 W Riverside Street  
Covington, VA 24426  
540.962.1122

713 S. Monroe Avenue  
Covington, VA 24426  
540.962.1122

106 Park Drive  
Hot Springs, VA 24445  
540.839-7197

432 Church Street  
Millboro, VA 24460  
540.997.1447

**Carillon Clinic Family  
Medicine**

609 Church Street  
Clifton Forge, VA 24422  
540.862.8860

**Carillon Clinic Family  
Medicine**

108 Houston Street, Suite C  
Lexington, VA 24450  
540.463.7628

**Carillon Clinic Family  
Medicine**

146 S. Main Street Lexington,  
VA 24450  
540.463.9158

**Carillon Clinic  
Orthopedic Surgery**

25 Crossing Lane, Suite 2  
Lexington, VA 24450  
540.510.6200

**Greenbrier Physicians**

1322 Maplewood Avenue  
Ronceverte, WV 24970  
800.677.5161

810 Grayson Avenue  
Covington, VA 24426  
540.962.8222

**Jackson River Pediatrics**

2501 Valley Ridge Road  
Covington, VA 24426  
540.862.4146

**Jackson River Family  
Practice**

Emmett Medical & Surgical  
Clinic, Suite 800  
Low Moor, VA 24457  
540.862.6750

**Jackson River Orthopedics**

200 ARH Lane, Suite 102  
Low Moor, Va 24457  
540.862.6777

**LewisGale Family Practice**

120 W. Main Street  
Covington, VA 24426  
540.862.0007

**Med Express**

1560 Jefferson Street North  
Lewisburg, WV 24901  
304.645.2164

**Rockbridge Area Health**

25 Northridge Lane  
Lexington, VA 24450  
540.464.8700

**Robert C. Byrd Clinic**

1464 N. Jefferson Street  
Lewisburg, WV 24901  
304.645.3220 / 800.870.5822

**CAMC GVMC Primary Care**

3738 Davis Stuart Road  
Lewisburg, WV 24901  
304.645.3207

**Fitz Pharmacy**

8706 Seneca Trail  
Ronceverte, WV 24970  
304.645.1890

**Lexington Prescription  
Center**

800 S. Main Street  
Lexington, VA 24450  
540.463.9166

**Walmart Pharmacy**

313 Thacker Avenue  
Covington, VA 24426  
540.962.6675

**Kroger Pharmacy**

1618 Main Street  
Clifton Forge, VA 24422  
540.863.0071

422 Nelson St Dr.  
Lexington, VA 24450  
540.464.1600

178 Red Oaks Shopping  
Center  
Ronceverte, WV 24970  
304.645.0310



**NURSING HOME/ASSISTED  
LIVING/REHABILITATION**

**Adult Care Center**

550 Pine Street  
Clifton Forge, VA 24422  
540.862.2972

**Alleghany Health &  
Rehab**

1725 Main Street Clifton  
Forge, VA 24422  
540.862.5791

**Alleghany Highlands  
Community Service  
Board**

311 S. Monroe Avenue  
Covington, VA 24426  
540.965.2100

**Alleghany Highlands  
Community Service  
Board**

534 Church Street Clifton  
Forge, VA 24422  
540.863.1620

**AmeriCare Plus**

416 E. Ridgeway Street  
Clifton Forge, VA 24422  
540.862.3350

**Amedisys Hospice**

5221 Valley Park Drive, #2  
Roanoke, VA 24019  
540.265.8509

**Bath Community Rehab  
& Wellness**

9247 Sam Snead Hwy  
Hot Springs, VA 24445  
540.839.7331

**Brian Center – Kissito  
Healthcare**

100 ARH Lane  
Low Moor, VA 24457  
540.862.3610

**Highland House**

3501 Longdale Furnace  
Road Clifton Forge, VA  
24422 540.862.4271

**Sentara Home Care  
Services**

229 N. Monroe Avenue  
Covington, VA 24426  
540.863.2140

**Connection Plus  
Healthcare + Hospice**

537 Main Street  
Clifton Forge, VA 24422  
540.862.8820

**The Springs – Kissito  
Healthcare**

167 Spring Street  
Hot Springs, VA 24445  
540.839.2299

**Woodlands Health &  
Rehab**

1000 Fairview Avenue Clifton  
Forge, VA 24422  
540.862.4096



**PHARMACIES**

**Alleghany Family  
Pharmacy**

1117 S. Craig Ave  
Covington, VA 24426  
540.965.2160

**Greenbrier Medical  
Arts Pharmacy**

3558 N. Jefferson St.  
Lewisburg, WV 24901  
304.647.1377

**Bath Community  
Pharmacy**

9405 Sam Snead Hwy  
Hot Springs, VA 24445  
540.839.7350

**CVS Pharmacy**

1610 Main St.  
Clifton Forge, VA 24422  
540.862.4223

1017 S. Craig Ave.  
Covington, VA 24426  
540.962.3951

506 E. Nelson St.  
Lexington, VA 24450  
540.463.7126

## **YMCA (Medical Membership)**

101 YMCA Way  
Covington, VA 24426  
540.962.9622



## **MEDICAL SUPPLIES**

### **Foundation for Rehabilitation Equipment Endowment (F.R.E.E.) (Medical Supplies)**

1489 East Main Street  
Salem, VA 24153  
540.777.4929

### **Regional Home Care (Medical Supplies)**

537 Main Street  
Clifton Forge, VA 24422  
540.862.8810

## **Disability Services of the Highlands**

519 E Ridgeway Street  
Clifton Forge, VA 24422  
540.862.3339

### **PTSD Support Group**

Alleghany Highlands YMCA  
101 YMCA Way  
Covington, VA 24426  
540.962.9622

### **Social Security Administration**

1010 S Craig Avenue  
Covington, VA 24426  
888.527.9334  
800.772.1213

## **Virginia Department of Aging and Rehabilitative Services**

411 Riverside Street, Suite 3  
Covington, VA 24426  
540.204.9740

### **Virginia School for the Deaf and Blind**

104 VSDB Drive  
Staunton, VA 24401  
540.332.9000 or 800.522.8732

### **Wilson Workforce and Rehabilitation Center**

243 Woodrow Wilson Avenue  
Fishersville, VA 22939  
540.332.7000 or 800.345.9972



## **OTHER SERVICES FOR OLDER ADULTS**

### **Virginia Department of Aging and Rehabilitative Services**

411 Riverside Street, Suite 3  
Covington, VA 24426  
540.204.9740

### **Local Office of Aging**

(Inside Wells Fargo Bank)  
246 W. Main Street  
Covington, VA 24426  
540.962.0465



## **PUBLIC HEALTH**

### **Alleghany County / Covington Health Department**

321 Beech Street  
Covington, VA 24426  
540.962.2173

### **Clifton Forge Health Department**

322 Jefferson Avenue  
Clifton Forge, VA 24422  
540.862.4131

### **The Alleghany County / Covington and Clifton Forge Health Departments**

**provide the following services:** home visiting for new moms and babies, car seat safety, WIC nutrition program, family planning, TB testing, environmental health, lead safety, immunizations/vaccines, emergency preparedness and response, long term care pre-admission screenings, oral health, naloxone distribution, laboratory, sexually transmitted infections, parenthood support, population health, and vital records.



## **DISABILITY SERVICES**

### **Alleghany Highlands Community Services Board**

205 E. Hawthorne Street  
Covington, VA 24426  
(540) 965-2135

### **Blue Ridge Independent Living Center**

1502 B Williamson Road; NE  
Roanoke, VA 24012  
540.342.1231

### **Brain Injury Services**

3904 Franklin Road SW  
Roanoke, VA 24014  
540.344.1200

### **Career Support Systems**

411 Riverside Street  
Covington, VA 24426  
540.241.4701

### **Deaf and Hard of Hearing**

2030 Colonial Ave SW  
Roanoke, VA 24015  
540.342.0031

### **Commonwealth Lifespan Services**

529 Main Street  
Clifton Forge, VA 24422  
540.862.5221



## AUDIOLOGY/ HEARING

### **Beltone Audiology & Hearing Aid Center**

201 Interstate Drive  
Covington, VA 24426  
540.343.5567

### **Dr. Gary Pillow**

287 W. Main Street  
Covington, VA 24426  
540.968.0100

### **Hearing Healthcare of Virginia**

911 Valley Ridge Road  
Covington, VA 24426  
540.319.6246



## HEALTH AND WELLNESS

### **Bath Community Rehab & Wellness** (24/7 gym access)

9247 Sam Snead Hwy  
Hot Springs, VA 24445  
540.839.7331

### **YMCA**

101 YMCA Way  
Covington, VA 24426  
540.962.9622

### **Weight Watchers**

(800) 651-6000  
Monday 5:30pm – JRTC;  
Covington, VA  
Thursdays 5:30pm – YMCA;  
Low Moor, VA

### **Weight Loss Program**

508 East Main Street  
White Sulphur Springs, WV  
24986 304.536.3665



## OPTICIANS

### **Alleghany Opticians**

201 Interstate Drive  
Covington, VA 24426  
540.962.4710

### **Mays, Gregory MD PLC**

1802 Midland Trail  
Covington, VA 24426  
540.962.2020

### **Partain, Carl S. OD**

313 W. Thacker Avenue  
Covington, VA 24426  
540.962.8494

## FOOD / CLOTHING / SHELTER



## HOUSING AND HOME REPAIR

### **Blue Ridge Independent Living Center - Handicap ramps, housing modifications**

1502 Williamson Road NE, #B  
Roanoke, VA 24012  
540.342-1231

### **Cedar Forest Apartments**

306 Dairy Street  
Covington, VA 24426  
540.962.5144

### **Dolly Ann Apartments**

826 Long Avenue  
Covington, VA 24426  
540.962.4545

### **Mountain View Apartments**

1700 Main Street  
Clifton Forge, VA 24422  
540.862.4866

### **Scott Hill Apartments**

800 W. Ridgeway Street  
Clifton Forge, VA 24422  
540.862.5741

### **Total Action for Progress (TAP)**

118 S. Lexington Avenue  
Covington, VA 24426  
540.962.6328

### **Housing Emergency Home Repair**

9212 Winterberry Ave  
Covington, VA 24426  
540.863.6600  
<http://www.co.alleghany.va.us/housing-assistance/>

### **Housing Authority**

333 W. Locust St  
Covington, VA 24426  
800.788.9742



## CHRISTMAS MOTHER

### **Alleghany Highlands Christmas Mother**

Sacred Heart Catholic Church  
214 W. Locust Street  
Covington, VA 24426  
540.962.9077



## CLOTHING CLOSET

### Clifton Forge Presbyterian Church

544 Church Street  
Clifton Forge, VA 24422  
540.958.8014

Mondays/Fridays 9:00am – 10:30am

### Lone Star Baptist Church

6100 Potts Creek Road  
Covington, VA 24426  
540.747.2778  
3rd Friday of the month from 10am to 2pm

### Cubby Closet/MGCC

1000 College Drive/Armory  
Clifton Forge, VA 24422  
540-863-2824

### Salvation Army

115 S. Lexington Avenue  
Covington, VA 24426  
540.962.6206

### HOPE

414 S. Mercer Street  
Covington, VA 24426  
540.691.5428



## HOMELESS RESOURCES

### Central Intake

339 Salem Ave, SW  
Roanoke, VA 24016  
540.853.1163

### Community Housing Resource Center

502 Campbell Ave.  
Roanoke, VA 24016  
540.266.7551

### Family Promise of Greater Roanoke

37 East Clay Street Salem,  
VA 24153  
540.444.7374

### Roanoke Rescue Mission

402 4th Street SE  
Roanoke, VA 24013  
540.343.7227

### Valley Mission

1513 W. Beverly Street  
Staunton, VA 24401  
(540) 886-4673



## FOOD PANTRIES

### Clifton Forge Food Pantry

909 Church Street  
Clifton Forge, VA 24422  
540.958.8014  
Mondays/Fridays 9 am to 11am, Wednesdays 10am – 12 noon

### First Assembly of God

1610 Oak Hill Avenue  
Clifton Forge, VA 24422  
540.862.5984

3<sup>rd</sup> Tuesday of the month at 6pm

### McAllister Memorial Presbyterian Church

900 N. Alleghany Avenue  
Covington, VA 24426  
540.962.2675  
Thursdays 9 am to 12 noon

### Salvation Army

115 S. Lexington Avenue  
Covington, VA 24426  
540.962.6206  
By Appointment Only

### South Covington United Methodist Church

1911 S. Kadel Avenue  
Covington, VA 24426  
540.962.6377  
Tuesdays 9:30am – 12:30pm



## FINANCIAL ASSISTANCE

### Eastern Alleghany Christian Ministerial Association

544 Church Street  
Clifton Forge, VA 24422  
540.862.5775  
(CF Residents only)

### Money Management International

700 Peters Creek Road  
Roanoke, VA 24012  
540.563.1581 or 800.254.4100

### Salvation Army

115 S. Lexington Avenue  
Covington, VA 24426  
540.962.6206  
Open Daily

### Total Action for Progress (TAP)

118 S. Lexington Avenue  
Covington, VA 24426  
540.962.6328

## EDUCATION



## COLLEGE/UNIVERSITIES/ ADULT BASIC EDUCATION/GED

### Roanoke Valley/Alleghany Region 5

510 S. College Avenue  
Salem, Va 24153  
[www.regionfiveadulted.com](http://www.regionfiveadulted.com)  
888.622.7256

### Virginia Career Works Greater Roanoke-Covington

106 N. Maple Avenue  
Covington, VA 24426  
540.613.6370



## VOCATIONAL/ALTERNATIVE EDUCATION

### Boys Home of Virginia

414 Boys Home Road  
Covington, VA 24426  
540.965.7700

### Jackson River Technical Center

105 E. Country Club Lane  
Covington, VA 24426  
540.862.1308

### Jackson River Governor's School

1000 College Drive  
Clifton Forge, VA 24422  
540.863.2872

### Rivermont School

5410 Falls Road  
Covington, VA 24426  
540.965.6388

### Shenandoah Autism Center

2419 Valley Ridge Road  
Covington, VA 24426  
540.862.2327

### Virginia School for the Deaf and Blind

104 VSDB Drive  
Staunton, VA 24401  
540.332.9000 or 800.522.8732



## ELEMENTARY SCHOOL

### Callaghan Elementary School

4050 Midland Trail Covington,  
VA 24426  
540.965.1810

### Jeter Watson Elementary School

574 W. Indian Valley Road  
Covington, VA 24426  
540.965.1420

### Mountain View Elementary

100 Gleason Drive  
Covington, VA 24426  
540.863.1737

### Sharon Elementary School

100 Sharon School Circle  
Clifton Forge, VA 24422  
540.863.1712



## PUBLIC SCHOOL

### Alleghany Highlands School Board

100 Central Circle  
Low Moor, VA 24457  
(540) 863-1800



## HIGH SCHOOL

### Alleghany Highlands High School

210 Mountaineer Drive  
Covington, VA 24426  
540.863.1700



## MIDDLE SCHOOL

### Covington Middle School

606 S. Lexington Avenue  
Covington, VA 24426  
540.965.1410



## CHILD CARE/PRESCHOOL

### YMCA

101 YMCA Way  
Low Moor, VA 24457  
540.962.9622

### First Presbyterian Church Preschool

185 N. Maple Ave  
Covington, VA 24426  
540.962.2195

### Edgemont Nursery School

2306 S. Church Ave  
Covington, VA 24426  
540.965.5437

### Connections Child Care & Learning Center

125 Mall Road  
Covington, VA 24426  
540.962.0051



## EARLY CHILDHOOD

### Dolly Parton Imagination Library

540.968.2257

### Alleghany Highlands Community Service Board

311 S. Monroe Avenue  
Covington, VA 24426  
540.965.2100

### Alleghany Highlands Community Service Board

543 Church Street  
Clifton Forge, VA 24422  
540.863.1620

### Alleghany County / Covington Health Department

321 Beech Street  
Covington, VA 24426  
540.962.2173

### Clifton Forge Health Department

322 Jefferson Avenue  
Clifton Forge, VA 24422  
540.862.4131 (Open  
Thursdays only)





## COLLEGE

### Mountain Gateway Community College

1000 College Drive  
Clifton Forge, VA 24422  
540.863.2800



## PARENTING SUPPORT

### Alleghany County / Covington Health Department

321 Beech Street  
Covington, VA 24426  
540.962.2173

### Clifton Forge Health Department

322 Jefferson Avenue  
Clifton Forge, VA 24422  
540.862.4131

### Total Action for Progress (TAP)

118 S. Lexington Avenue  
Covington, VA 24426  
540.962.6328



## SOCIAL SERVICES

### Alleghany County/ Covington Department of Social Services

110 Rosedale Avenue  
Covington, VA 24426  
540.444.7100  
<https://commonhelp.virginia.gov/access/>

Social services provides: Adult Protective Services and Adult Services such as companion services, screening for Long Term Care Medicaid services and assisted living services. Child Protective Services, Foster Care

Prevention Services, Foster Care and Adoption Services. Benefits such as Medicaid, Auxiliary Grant, SNAP(Supplemental Nutrition Assistance Program), TANF(Temporary Assistance to Needy Families), VIEW(Virginia Initiative for Education and Work), Fuel Assistance, Cooling Assistance, Crisis components for the Energy and Cooling assistance programs and Child Care subsidies.

# BUSINESS DEVELOPMENT/ EMPLOYMENT/CAREER



## BUSINESS DEVELOPMENT

### Alleghany Highlands Economic Development Corporation

9212 Winterberry Avenue  
Covington, VA 24426  
540.862.0936

### Alleghany Highlands Chamber of Commerce & Tourism

110 Mall Road  
Covington, VA 24426  
540.962.2178

### Total Action for Progress (TAP)

188 S. Lexington Avenue  
Covington, VA 24426  
540.962.6328



## EMPLOYMENT AND CAREER SERVICES

### Total Action for Progress (TAP)

118 S. Lexington Avenue  
Covington, VA 24426  
540.962.6328

### Career Support Systems

411 Riverside Street  
Covington, VA 24426  
540.241.4701

### Virginia Career Works Greater Roanoke-Covington Center

106 N. Maple Avenue  
Covington, VA 24426  
540.613-6370



## TUITION ASSISTANCE

**Mountain Gateway  
Community College**  
1000 College Drive Clifton  
Forge, VA 24426  
540.863.2800

**Credit class tuition  
assistance**  
Educational Foundation  
540.863.2837  
[www.mgcc.edu/scholarships](http://www.mgcc.edu/scholarships)

**Noncredit tuition  
assistance**  
Fast Forward  
540.863.2848  
<https://www.mgcc.edu/financial-aid-short-term-training>

**Alleghany County**  
9212 Winterberry Avenue  
Covington, VA 24425  
540.863.6600

**City of Covington**  
333 W. Locust Street  
Covington, VA 24426  
540.965.6300

**Town of Clifton Forge**  
547 Main Street  
Clifton Forge, VA 24422  
540.863.2501

**Town of Iron Gate**  
401 Commerce Street  
Iron Gate, VA 24448  
540.862.0770



## POLICE/SHERIFF

**Alleghany County  
Sheriff's Department**  
540.965.1770

**Clifton Forge Police  
Department**  
540.863.2513

**Covington Police  
Department**  
540.965.6333

**Virginia State Police**  
800.552.0962



## OTHER

**Alleghany Highlands  
Regional Library**  
406 W. Riverside Street  
Covington, VA 24426  
540.962.3321

**Clifton Forge Library**  
535 Church Street  
Clifton Forge, VA 24422  
540.863.2519

**Covington Delivery  
Service**  
540.958.6020

**Registrar's Office/  
Director of Elections**  
540.965.1690

**Social Security  
Administration**  
1010 S Craig Avenue  
Covington, VA 24426  
888.527.9334  
800.772.1213

**Department of Motor  
Vehicles**  
121 Mall Road  
Covington, VA 24426  
804.497.7100

## LOCAL GOVERNMENT AGENCIES



## COURT SERVICES

**Commonwealth  
Attorney**  
540.965.1740

**Circuit Court Clerk**  
540.965.1730

**General District/  
Juvenile & Domestic  
Relations**  
540.965.1720

**Juvenile Court**  
540.965.1710

**Magistrate's Office**  
540.965.1778

## VICTIM SERVICES/ DOMESTIC ABUSE



## DOMESTIC VIOLENCE

**Alleghany Highlands  
Victim/Witness  
Assistance**  
266 W. Main Street  
Covington, VA 24426  
540.965.6366

**Project Horizon**  
120 Varner Lane  
Lexington, VA 24450  
540.463.7861

**Safehome Systems, Inc.**

102 E. Hawthorne Street  
Covington, VA 24426  
540.965.3237

**Salvation Army Turning Point**

724 Dale Ave  
Roanoke, VA 24010  
540.343.5335

**Virginia Career Works Greater Roanoke - Covington Center**

106 N. Maple Avenue  
Covington, VA 24426  
540.613.6370

**Virginia Cooperative Extension**

450 W. Main Street, Suite  
200 Covington, VA 24426  
540.862.0376

**YMCA**

101 YMCA Way  
Covington, VA 24426  
540.962.9622

**LEGAL SERVICES****Blue Ridge Legal Services**

215 South Main Street  
Lexington, VA 24450  
540.463.7334

**Legal Aid**

540.344.2080 /  
866.534.5243

**VETERAN SUPPORT****Beckley VA Medical Center**

200 Veterans Avenue  
Beckley, WV 25801  
304.255.2121

**Virginia Veterans and Family Support**

311 South Monroe Avenue  
Covington, VA 24426  
540.965.2100

**Hunter Holmes McGuire VA Medical Center**

1201 Broad rock Blvd.  
Richmond, VA 23249  
804.675.5000

**Virginia Department of Veterans Services**

270 Franklin Road  
Roanoke, VA 24011  
540.597.1730

**Salem VA Medical Center**

1970 Roanoke Blvd.  
Salem, VA 24153  
540.982.2463

**Virginia Navigator Family of Websites**

(866) 393-0957 (toll free)  
info@virginiannavigator.org  
Can't find what you need DIAL  
2-1-1. 2-1-1 Virginia providers  
have referrals for just about any  
services you need.

**Staunton Community Based Outpatient Clinic**

102 Lacy King Way  
Staunton, VA 24401  
540.886.5777

**Unite Us**

540.824.5934  
Unite us is the unifying  
infrastructure that connects  
health and social care in  
communities, helps enroll  
people in services, and  
leverages meaningful  
outcomes. www.uniteus.com

**Total Action for Progress (TAP)**

118 S. Lexington Avenue  
Covington, VA 24426  
540.962.6328

**VA Medical Center (Greenbrier CBOC)**

228 Shamrock Lane  
Ronceverte, WV 24970  
304.497.3900

**TRANSPORTATION****Amtrak**

307 E. Ridgeway Street  
Clifton Forge, VA 24422  
800.USA.RAIL

**Rockbridge Area Transportation System**

712 N. Main Street  
Lexington, VA  
540.463.3346

**Lugar Taxi**

210 Chapel Drive  
Covington, VA 24426  
540.962.8294

**The Mountain Express/RADAR**

1.800.964.5707 ext. 3 or 4  
540.266.7198

**YOUTH PROGRAMS****Boys Home of Virginia**

414 Boys Home Road  
Covington, VA 24426  
540.965.7700

**Covington Parks and Recreation**

(540) 965-6360

**Alleghany County Parks and Recreation**

540.863.6622

**Total Action for Progress (TAP)**

118 S. Lexington Avenue  
Covington, VA 24426  
540.962.6328

**Alleghany Highlands Healthy Youth Coalition**

205 E. Hawthorne Street  
Covington, VA 24426  
540.965.2100, Ext. 133

## Background:

Live Well Alleghany Highlands works to enhance the health and wellbeing of all who live, work, and play in Alleghany and Covington. We are a partnership convened by the Virginia Department of Health, comprised of individuals representing local governments, non-profits, healthcare providers, colleges, school districts, faith-based groups, community organizations, businesses, and community members. Live Well Alleghany Highlands' top three focus areas for 2019-2022 are: (1) Reduce substance use in youth and adults (2) Increase kindergarten readiness and early literacy and (3) Increase knowledge of and access to community resources. The Knowledge of Resources Action Team, working on the third focus area, identified the need for a community resource guide to support community members who are seeking information and referrals to the many organizations who can provide assistance. Thank you to the following Knowledge of Resources Action Team members for their dedication to this effort:

- Terri McClung, *City of Covington*
- Erin Via, *Lewis-Gale Hospital Alleghany*
- Stephanie Clark, *Total Action for Progress*

## Mission statement:

Live Well Alleghany Highlands works to enhance the health and wellbeing of all who live, work, and play in our community.

## Disclaimer:

While Live Well Alleghany Highlands has endeavored to provide accurate information, we cannot and do not guarantee the accuracy of the information, and we accept no responsibility, and shall have no liability for any loss or damage which may arise from using or relying on the information.

If you would like to edit or propose an entry in the Live Well Alleghany Highlands Community Resource Guide, please call 540-965.6435 or visit our website: <https://covington.va.us/community-info/live-well/>

## Special Thanks to our Sponsors:

- Alleghany Health and Rehab
- Darlene Burcham
- Highlands Community Bank
- Lewis Gale Hospital - Alleghany
- Lone Star Baptist Church
- Carilion Clinic
- Jackson River Credit Union
- Alleghany Highlands Community Services Board
- Bath Community Hospital
- Ingevity



## Additional Special Thanks:

- Nicole Gray - Marketing Class at JRTC for our Logo Design
- Alleghany Highlands Chamber of Commerce



**LIVE WELL ALLEGHANY HIGHLANDS**  
Our community, our health, our future